

# EQUIVALENCIAS

## INGREDIENTES BÁSICOS

12  
deseos

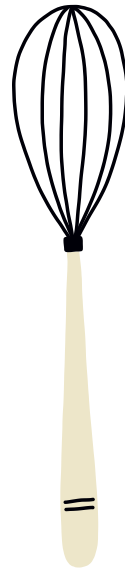
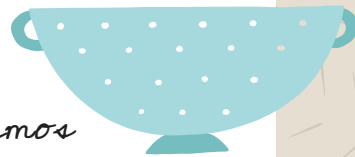
### HARINA

1 taza = 128 gramos  
3/4 taza = 96 gramos  
1/2 taza = 64 gramos  
1/4 taza = 32 gramos



### AZÚCAR

1 taza = 200 gramos  
3/4 taza = 150 gramos  
2/3 taza = 134 gramos  
1/2 taza = 100 gramos  
1/3 taza = 67 gramos  
1/4 taza = 50 gramos



### AZÚCAR FLOR

1 taza = 160 gramos  
3/4 taza = 120 gramos  
1/2 taza = 80 gramos  
1/4 taza = 40 gramos



### MANTEQUILLA

1 taza = 236 gramos  
3/4 taza = 177 gramos  
1/2 taza = 118 gramos  
1/4 taza = 59 gramos  
1 cucharada = 15 gramos

